

## SPRING NEWSLETTER

Welcome to the latest update from AARMY!

Hello once more from your regional trainee network. As always we have been keeping our ears to the ground for the up and coming research and development projects happening in our locality.



### Visit our website...

Over the last few months Andy has been very busy updating our website and we think it looks great!! There are lots of new parts including registering on our trainee mailing list, project suggestions and much more...

You can also read all the details about our latest projects, keep up to date with the recent research meetings and find out how to be more involved with AARMY in your area. **DALES sign up** is also available via the website! visit <https://www.aarmy.co.uk> to see what we've been up to.

### Project submissions

We have lately received some great project proposals via our website. These should all now have received feedback and are undergoing further development. *Look out for the latest exciting AARMY project which is going to be coming in the next few months!* As always we are open to new ideas and projects- why not let us help you take things to the next level? Visit our website or email [aarmyorkshire@gmail.com](mailto:aarmyorkshire@gmail.com)

### OUR AIMS

1. Facilitate large scale multi-centre audit and research in the Yorkshire and Humber Deanery.
2. Allow trainees to participate, lead and continue their projects as they rotate around the region.
3. Increase the opportunity for anaesthesia trainees to participate in research and provide opportunity to meet the requirements of Annex G of the Royal College of Anaesthetists training program.
4. Attract funding for research, audit and quality improvement projects.
5. Provide a network of communications and a voice for trainees interested in such projects

# Updates

## RAFT Winter Scientific Meeting

Local and national TRN groups showcased their latest projects and plans during this meeting at the RCoA. Prof Rupert Pearse shared his top tips for successful and meaningful research. Dani Wong presented some early data from SNAP-2 and also thanked all those who helped with the project which included AARMY investigators. An update on DALES was given by Caroline Thomas with TRN reps then providing some feedback to help continue the excellent momentum of this project and ensure its ongoing success. There was also a presentation on increasing the links between the Anaesthetic Research Society and RAFT, see below for more details about the latest ARS event.

## YAT 2017

Another successful conference devised and delivered by Yorkshire anaesthetic trainees. This years meeting focused on trauma and disaster management and featured a talk by Dr Simon Carly about his experience as on-duty EM consultant during the Manchester Arena bombings. AARMY chairman Vikas was there to talk about the two AARMY studies which have been published in international journals and the expanding trainee platform in the region.

# Projects

## DALES

Drug Allergy Labels in Elective Surgical patients

### Pilot study a success in Leeds!

The third RAFT collaborative project examines both the prevalence of anaesthetic drug allergy and the associated attitudes and knowledge of anaesthetists. Full project summary can be found at <https://www.rafrainees.com/project-summary.html>.



Following a successful pilot in the Leeds teaching hospitals, full roll-out across Yorkshire is well underway. All hospitals in the region are now involved and information packs have been distributed to the principle investigators for each site. The trainee leads at each site are listed below and are a useful contact for anyone wishing to be involved....

### Regional Leads

East Yorkshire - [Dr Andy Chamberlain](#)

West Yorkshire - [Dr Vikas Kaura](#)

## East Yorkshire

Hull and East Yorkshire NHS Trust - [Dr Andy Chamberlain](#)

N. Lincs and Goole NHS Foundation Trust - [Dr Arran Marriott](#)

York Teaching Hospitals NHS Foundation Trust - [Dr Saira Ahmed](#)

## West Yorkshire

Airedale NHS Foundation Trust - [Dr Rachel Ingham](#)

Bradford Teaching Hospitals NHS Foundation Trust - [Dr Priya Shankar](#)

Calderdale and Huddersfield NHS Foundation Trust - [Dr Laura Jones](#)

Harrogate and District NHS Foundation Trust - [Dr Tom Knapp](#)

Leeds Teaching Hospitals NHS Trust - [Dr Elizabeth Horncastle](#)

The Mid Yorkshire Hospitals NHS Trust - [Dr Dina Yassin](#)

**SIGN UP NOW LIVE-** We now need **you** to get involved at your local site to help with data collection and patient recruitment to help drive this study forwards. *To be part of this exciting project- sign up on our website @ [www.AARMY.co.uk](http://www.AARMY.co.uk), ask your local trainee representative or email [aarmyorkshire@gmail.com](mailto:aarmyorkshire@gmail.com).*

## FLO-ELA

### Fluid Optimisation in Emergency LAparotomy

A pragmatic multi-centre open randomised trial supported by data from the ongoing [National Emergency Laparotomy Audit \(NELA\)](#) and expand on the existing evidence base.

This project is now up and running at Bradford Royal Infirmary with patient recruitment underway. Investigators still looking for interested trainees to be involved. Further information and details about the study protocol etc visit: <http://www.floela.org/about>

## GOT A PROJECT?

Want a hand getting an idea off the ground or expanding a project? We can help!

Contact us via the website or email:  
[aarmyorkshire@gmail.com](mailto:aarmyorkshire@gmail.com)

## BYE ABBIE!

Abbie has been a driving force for AARMY projects in East Yorkshire and has been brilliant at coordinating and supporting trainees wanting to be involved in research. She also currently is our committee secretary. We look forward to her continued support and involvement as a consultant.

**Best of luck in your new consultant post!**

# Meetings

## The ARS and BJA Research Forum Spring Meeting 2018

This meeting, to be held at the RCoA in London 30th and 31st May includes the launch of the Discovery Science and Experimental Medicine sub-group for Anaesthesia, Peri-operative Medicine and Pain. Registration and full programme can be found at [www.ars.ac.uk](http://www.ars.ac.uk)

The ARS is very keen to engage more trainees and TRNs in attending and presenting their work at the BJA Research Forum meetings. They want to encourage TRNs to submit their projects in development for peer review, or the completed work to showcase the good work TRNs are doing. Accepted and successfully presented abstracts also have the bonus of being published in the online version of the BJA. Full details of the studies currently being undertaken by each network can be found at <https://www.rafrtrainees.com/local-trn-projects.html>

## Emergency Laparotomy Collaborative Project Development Workshop

The Yorkshire and Humber Emergency Laparotomy Collaborative is an initiative working to improve outcomes from emergency laparotomy surgery. Their latest project development workshop is to be held in Leeds on 27th June (location TBC). Interested in this event? Email: [academy@yhahsn.nhs.uk](mailto:academy@yhahsn.nhs.uk) to book a place.

This progressive group are also looking for trainees to get involved and help represent the collaborative at a local level. Contact your local NELA/ELC lead for more details or email [carlilyas@gmail.com](mailto:carlilyas@gmail.com).

## AARMY Committee

President:	Prof PM Hopkins
Consultant Directors:	Dr S Howell, Dr D Yates, Dr R Jackson, Dr C Thomas, Dr D Harper
Chairman:	Vikas Kaura
Secretary:	Abigail Clarke & Bex Lathey
Communication:	Rhona Martin
I.T. Lead:	Andy Chamberlain
Treasurer:	Carl Ilyas
Other Key Members:	John Stones
<b>New Members</b>	<b>Liz Horncastle, Pete Davies</b>

*If you are passionate about the AARMY network and want to help make it even better, why not join the committee? Get in touch with us via our website, email or come and speak to one of us!*