



AARMY NEWSLETTER

WWW.AARMY.CO.UK/

OCTOBER 2014

Dear all,

Welcome to AARMY's October newsletter! We want this to serve as an update on our projects and national profile, as well as enthusing you to become involved in our work and the ways in which you can do this.

Firstly, just a brief reminder about the group and its goals; AARMY is an audit and research matrix comprising of anaesthetic trainees in East and West Yorkshire. Voting membership is open to all anaesthetic trainees in Yorkshire; details of how to sign up to join the group are found at the end of this newsletter. We carry out multi-centre audit, quality improvement and research projects. We are supported by many consultants across Yorkshire at a regional as well as a local level; each hospital in East and West Yorkshire has an AARMY consultant lead. Currently, there is momentum gathering at a national level for such trainee groups as this newsletter shows. There are a number of similar audit and research groups across the UK, of which AARMY was one of the original seven. Other groups based on our model are currently being formed. See <http://www.niaa.org.uk/article.php?newsid=925#pt> and <http://rafrainees.weebly.com/> for more on this.

PROJECT UPDATE

POPULAR

POPULAR will look at post-anaesthesia pulmonary complications after the use of muscle relaxants (<http://www.esahq.org/POPULAR>). This is a European-wide prospective multi-centre observational study and will be running at St James and at LGI with consultant leads already in place. Other hospitals may also register although the deadline for this is fast approaching. We are keen to have AARMY members helping with the project, so if this is something you are interested in please get in touch with us via the 'Contact' form on the website, stating that you would like to be involved in the POPULAR study. Further information from AARMY regarding POPULAR will be available via the AARMY website soon.

BYOD

An ongoing project which has been taken up by AARMY, BYOD (Bring Your Own Device) seeks to facilitate data centralisation by registering personal devices to collect anonymised project data and upload it to a central point. This would avoid

data collection via paper copies which then require transcription for upload. It will be a major advantage to have this up and running for future projects although it still requires local R&D approval.

COMS

COMS (Cardiac Output Monitoring Study) was a national project coordinated by RAFT (Research and Audit Federation of Trainees, supported by the NIAA) looking at the types of cardiac output monitor used locally and whether these were purchased to satisfy CQUIN requirements. AARMY, along with many other audit and research networks collected data during Summer 2014 from the majority of hospitals in East and West Yorkshire. As well as overall leads for East and West, local hospital leads were recruited to gather and centralise the data. This model worked well and demonstrated the degree of local enthusiasm for such projects. All those who contributed will receive recognition from RAFT, and names will also appear soon on our website. Results are not yet out but will be made available by RAFT in the near future. Please see <http://rafrainees.weebly.com/ongoing-projects.html> for further information.

SNAP-1

SNAP-1 (<http://www.niaa-hsrc.org.uk/SNAPs>), a national two-day sprint evaluation of patient-reported outcomes after anaesthesia, took place on the 13th and 14th May of this year. AARMY supported data collection for this across the region. Patient satisfaction after anaesthesia and incidences of patient reported awareness were important aspects. Nationally, over twice the predicted number of patient data sets were uploaded to the project. This is a major success for all the trainee research groups who assisted as well the NIAA; well done to everyone!

FUTURE PROJECT DEVELOPMENT

We welcome ideas for projects from anyone training in Yorkshire. We have knowledge and expertise both within the committee and from our consultant supporters to develop these ideas into effective project proposals. The aim is to run these initially on a regional level, with the proposer having full ownership of the project as per the AARMY constitution but with AARMY support. Additionally, the RAFT AGM will be held at next summer's GAT and at this meeting, proposals will be reviewed for suitability to run a successful regional project on a national level. We will be developing proposals to take to GAT 2015 over the next few weeks so please get in touch via the 'Contact' form on the website if you have any ideas you would like to develop.

MEETINGS

Representatives from AARMY attended the RAFT teleconference at GAT 2014 in June. This was hosted by the Newcastle group INCARNET. Future development as well as the current projects including COMS were discussed.

Our AARMY chairman, Vikas, gave a talk to the CRN specialty group for anaesthetics and critical care in Wakefield in June, on AARMY and the anaphylaxis project. The CRN was supportive of AARMY, especially as the group had encouraged some hospitals to go ahead with SNAP-1 that would not otherwise have been involved. On

the basis of this success, they are keen that AARMY does support POPULAR. The CRN also expressed interest in closer ties with the AARMY in the future.

AARMY COMMITTEE

We have a new committee who we would like to introduce to you:

President: Prof Phil M Hopkins

Consultant Directors: Dr S Howell, Dr P Balaji, Dr S Fletcher, Dr N Freeman

Chairman: Dr Vikas Kaura

Secretary: Dr Anne-Mair Hammond-Jones

Information Technology Lead: Dr Michal Luniewski

Treasurer: Dr Rebecca Lathey

Infrastructure Leads: Dr Caroline Thomas, Dr Mamoon Yusaf, Dr Selin Kabadye

FURTHER INFORMATION AND WEBSITE

Our new website is found at <http://www.army.co.uk/home.html>

If you are interested in playing a more active role in audit and research at a regional and national level, please register with us via the 'Contact' form on our website. If you have previously registered and are still keen to be involved, please re-register so we have an up-to-date mailing list. We will then send you a registration form to complete.

We look forward to hearing from you soon. We hope you all have a good few weeks and we'll be in touch in a couple of months with our Christmas edition newsletter! In the meantime get ready for POPULAR.

THE AARMY COMMITTEE.

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