



AARMY NEWSLETTER

WWW.AARMY.CO.UK/

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Our Aims:

1. Facilitate large scale multi-centre audit and research in the Yorkshire and Humber Deanery.

2. Allow trainees to participate, lead and continue their projects as they rotate between the hospitals in the region.

3. Increase the opportunity for trainees in anaesthesia to participate in the research and provide opportunity to meet the requirements of Annex G of the Royal College of Anaesthetists training program.

4. Attract funding for research, audit and quality improvement projects.

5. Provide a network of communications and a voice for trainees interested in such projects

Dear all,

Welcome to the Anaesthetic Audit and Research Matrix of Yorkshire's (AARMY) October newsletter. AARMY is an audit and research matrix comprising primarily of trainees in anaesthesia in East and West Yorkshire. We will give regular updates regarding current and upcoming projects, meetings and national events, as well as enthusing you to become involved in our work.

We carry out multi-centre audit, quality improvement and research projects. We are supported by many consultants across Yorkshire at a regional as well as a local level; each hospital in East and West Yorkshire has an AARMY consultant lead. There is increasing momentum and enthusiasm at a national level for trainee groups like AARMY. As we speak there are 19 regional networks which are coordinated at a national level by RAFT the Research and Audit Federation of Trainees which is endorsed by the NIAA. For more information see <http://www.raftrainees.com> and <http://www.niaa.org.uk/article.php?newsid=925#pt>.

PROJECT UPDATES

CVC

This was a project developed locally, but was also taken up to run concurrently by SEARCH another trainee group based in the KSS deanery. Thank you to everyone who has been involved and have helped make this large scale AARMY led project such a success. The results were accepted as an abstract at the 2016 AAGBI annual congress. It is also currently undergoing peer review for publication in a major journal in anaesthesia. The dual-regional approach has shown that in addition to RAFT, we can effectively work with other regions on projects that are of interest to the trainee networks. If you know of another trainee network that is undertaking a project that you think would be good for AARMY to also run or if you have your own ideas that you would like to develop into a project through AARMY, then please contact us at armyorks@gmail.com.

IHYPE

Intra-operative Hypotension in the Elderly (iHypE) is the second national RAFT-coordinated study. This was the RAFT annual project that was voted for at GAT 2015. The project has faced some delays due to the proposal undergoing major expansion including obtaining a favourable opinion from the Research Ethics Committee (REC), and achieving NIHR portfolio status as well as NIAA/AAGBI funding. Achieving the latter two is a highly significant achievement for a RAFT project. This is a great testament of the hard work performed by trainees within the RAFT network as well as the support the NIAA, RCoA, AAGBI, and NIHR give for such networks. However, to make the project a true success for the trainee networks, there is a necessity to recruit at least 1500 participants; so come on board and please help make this an even greater result than SNAP-1!

The AARMY leads are John Stones for West Yorkshire and Andy Chamberlain for East Yorkshire. They have been busy recruiting hospital/trust leads, and are keen for as many trainees as possible to join in this truly exciting project. The project will run over a locally agreed 48 hour window between the 21st November to 2nd December (please contact your local hospital leads named on our website for the actual dates for your hospital). You can also contact our dedicated project email address on ihype@aarmy.co.uk.

iHypE also provides a great opportunity to get Good Clinical Practice (GCP) training for free (see our website at www.AARMY.co.uk). GCP is an internationally recognised standard of undertaking clinical research and helps cover many of the outcomes in Annex G. GCP training will also allow you to recruit for other studies that you wish to work on, so it is a great certification to have.

SNAP-2

After the major success of SNAP-1 for which the trainee networks made an immense contribution to, comes the 2nd Sprint National Anaesthesia Project. The project known as Epidemiology of Critical Care provision after Surgery (EpiCCS) is being developed by the NIAA and the HSRC (Health Services Research Centre) together with the UCL/UCLH Surgical Outcomes Research Centre (SOuRCe). The project aims to describe the epidemiology of perioperative risk and outcome, together with critical care referral and admission after inpatient surgery in the UK. It also aims to examine whether planned postoperative critical care admission is effective as an intervention to reduce postoperative morbidity. The study has received a favourable REC opinion as well as the NHS Health Research Authority approval. A date for the study has not been released but we will monitor the website (<http://www.niaa-hsrc.org.uk/SNAP-2-EpiCCS>) closely and update you as soon as we know.

PAST CURRENT AND UPCOMING MEETINGS

YORKSHIRE ANAESTHETIC RESEARCH SYMPOSIUM

This was an exciting day that AARMY had organised for the 28th of September 2016 in part with NIAA funding. The day had to be postponed due to several late speaker cancellations. After careful consideration and in order to ensure it is a worthwhile meeting for you with of a wealth of experienced speakers from several different specialties we felt it would be best to postpone this event to 2017. You should have received refunds for any fees paid for the conference, if not then we are very sorry about this and please so get in touch so we can reimburse you immediately. We once again apologise for any inconvenience this has cause to you all.

GAT RAFT MEETING JUNE 2016

Representatives from AARMY attended the RAFT AGM hosted by GAT in June. This time two new great proposals were selected as the 'RAFT project' for 2016-2017. One of these was submitted by Bev Parker an AARMY member who deserves our congratulations for all the hard work she has placed in developing and submitting her successful PADLES proposal on the de-labelling of penicillin allergy in the elective surgical population.

YAT

AARMY representatives Vikas Kaura and John Stones as well as representatives from SHARC (the South Yorkshire audit and research group) spoke at the second Yorkshire Anaesthetists in Training conference on the 14th October. They provided an update on the trainee research networks as well as iHyPE.

BJA RESEARCH FORUM WSM 2016

Previously known as the ARS (Anaesthetic Research Society) Winter Scientific Meeting (WSM), this meeting will be held at the Golden Jubilee Centre in Glasgow on the 10th and 11th November. The aim is to be high quality scientific meeting with a focus on current research from anaesthesia and its related disciplines. Some of you may already have registered for this great meeting and also submitted a poster, although the abstract submission deadline has now elapsed. Moe information at <http://www.ars.ac.uk>. Carolin Thomas and Bev Parker will be presenting the Penicillin Allergy De-Labelling Study (PADLES). Don't worry if you miss hearing their great presentation, there will be more infomration in our future newsletters as this project develops through AARMY and RAFT.

FUTURE PROJECT DEVELOPMENT

We welcome ideas for projects from anyone training in Yorkshire. We have knowledge and expertise both within the committee and from our consultant supporters to develop these ideas into effective project proposals. The aim is to run these initially on a regional level, with the proposer having full ownership of the project as per the AARMY constitution but with AARMY support. Additionally, the RAFT AGM will be held at next year's GAT and at this meeting, proposals will be reviewed for suitability to run a successful regional project on a national level. It would be great to have another AARMY project selected for the next RAFT project!

FURTHER INFORMATION

A big thank you to Andy Chamberlain for our continually improving website which is found at www.aarmy.co.uk. This is looking better and better with more features added as Andy puts in the late nights on it! There is lots of information on there about the projects both past, present and future, as well as great web-links including to GCP training. It also allows you to register with AARMY so you can play a more active role in audit, QI and research at a regional and national level. Your ability to give feedback is another important feature that Andy has added.

If you are also keen on getting involved with the committee then please get in touch with us through the website or our email address aarmyorks@gmail.com.

AARMY COMMITTEE

We have some new committee members who we would like to introduce to you as well as remind you about our ongoing team.

President: Prof Phil M Hopkins

Consultant Directors: Dr S Howell, Dr P Balaji, Dr S Fletcher

Chairman: Rob Jackson handing over to Vikas Kaura

Secretary: Caroline Thomas soon to hand over to Abigail Clarke and Bex Lathey

Communication: Carl Ilyas

Information Technology Lead: Andy Chamberlain

Treasurer: Dan Harper

iHypE Lead: John Stones and Andy Chamberlain

PADLES Lead: Bev Parker

THE AARMY COMMITTEE.

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